

# URS BILLING SERVICES, LLC

## October 2011

Medical E-Newsletter



- Integrity
- Diligence
- Commitment

Headlines:

Happy Fall & almost Halloween! You know what that means, the kids are going to be in their costumes knocking on strangers doors in no time.

Here are a few tips on how to keep the little ones safe and healthy (even if they eat all 3 lbs of candy)...

**Halloween Safety @ [www.cdc.gov](http://www.cdc.gov)**

**Check out our about.me page @ [about.me/ursbilling](http://about.me/ursbilling) where you'll find us on Twitter, Facebook and our website!**

### Features In This Issue:

Headlines



ICD-10 Updates

Special Feature:  
[Insurance Lobbying](#)  
By: Richard Tamburello

The Coding Corner



New ICD-10 Codes

Q & A's

E-mail us @  
[info@e-urs.com](mailto:info@e-urs.com)  
for any questions or  
comments!

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### ICD-10 Code Updates

We all know ICD-10 releases in 2013, but are we prepared for it? It is said we are moving from 18,000 codes to a whopping 140,000. Am I the only one asking the question: are doctors really going to use each and every code? Or dare I say, know every code? This seems to be quite the tedious transition the health care industry is making and there certainly maybe points where it will help healthcare become more effective, but at what cost? (Time would be that answer...)

There are several articles going around discussing some of the new codes including: bitten by turtle (oh and struck by turtle), as well as the location of where you were hurt in your home (what benefit does this information give?) and many more.

**What do you think about the upcoming ICD-10? If you don't want to be the one reading up on 140,000 codes, make sure to give us a call- because we will be!**

**[source: online.wsj.com](http://source:online.wsj.com)**

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## Special Feature

### Insurance Lobbying

By: Richard Tamburello

The number of companies and various organizations that work to put their imprint on legislation is diverse, ranging from health care interests and advocacy groups to giant corporations and small businesses of all types including many insurance companies.

Among the lobbying groups, there are over 200 hospitals and 100 insurance companies which line the halls of Congress to be heard and generate influence. One of the most visible organizations to lobby Congress is AARP. It has anywhere between 56-60 in-house lobbyists and two from outside firms to work the issue on behalf of its members. The American Medical Association has 33 and 11 professional lobbyists from outside firms. *Continue reading @ [ursbillingservices.blogspot.com](http://ursbillingservices.blogspot.com)*

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## The Coding Corner

### *CMS Update!*

"[New ICD-10] Codes describing the circumstances of injuries are important for public-health researchers to track how people get hurt and try to prevent injuries," say Medicare and CDC officials.

Source: [cms.gov](http://cms.gov)

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## Q & A

**Q:** How can I keep my allergies under control?

**A:**

1. Local Honey- when you eat local honey as opposed to manufactured you're ingesting those pollens that cause you to sneeze, therefore you are more likely to become immune to it by eating it!
2. Neti Pot- if you are interested in natural remedies, this is a good substitute for medicines such as Sudafed. The Neti pot is used to flush out your nasal passages with warm salt water.
3. Stay indoors between the hours of 5 a.m. and 10 a.m.! These are prime pollen count hours so do your best to stay inside.